

40th Ten Topics in Rheumatology Programme

Thursday 2nd July 2026

Time	Session Type	Speaker	Title
08.15 - 09.00	Registration and Coffee		
09.00-11.00	Symposium: Rheumatoid arthritis update Chair: Prof Chris Edwards		
09.00-09.20	Personal view	Prof Chris Edwards	Lessons from Rheumatoid Vasculitis
09.20-09.30	Discussion		
09.30-09.50	Clinical update	Dr Elena Nikiphorou	Treating RA: Nutrition and Lifestyle Factors
09.50-10.00	Discussion		
10.00-10.20	Hot Topic	Prof Kimme Hyrich	Who get's JAKi's?
10.20-10.30	Discussion		
10.30-10.50	Update	Prof Costantino Pitzalis	Precision Medicine in RA
10.50-11.00	Discussion		
11.00 - 11.30	Tea and Coffee Break		
11.30-13.00	Symposium: What's new in vasculitis and autoimmunity? Chair: Dr Chris Holroyd		
11.30-11.45	Hot topic	Dr Sarah Mackie	Update on GCA
11.45-11.50	Discussion		
11.50-12.05	Hot Topic	Dr Elizabeth Price	Treating Sjogren's
12.05-12.10	Discussion		
12.10-12.30	Visiting Specialist	Prof Athimalaipet Ramanan	If the Trials are Positive in Children, why do we need Trials in Adults?
12.30-12:35	Discussion		
12:35-12:55	Visiting Professor	Prof Yehuda Shoenfeld	Asia Syndrome
12:55-13:00	Discussion		
13:00 - 14:00	Buffet Lunch		
14.00-15.45	Symposium: Systemic Lupus Erythematosus Chair: Prof David D'Cruz		
14.00-14.25	Clinical update	Prof Laurent Arnaud	Treating Rare Complications of Lupus
14.25-14.30	Discussion		
14.30-14.45	Hot topic	Dr Natasha Jordan	APS and Pregnancy
14.45-14:50	Discussion		
14.50-15.05	Hot topic	Prof Edward Vital	Lessons from Lupus Guidelines
15.05-15:10	Discussion		
15.10-15.30	Personal view	Prof David D'Cruz	Lessons in Treating Lupus and Vasculitis
15.30-15.45	Discussion		
15.45 - 16.15	Tea and Coffee Break		
16.15-17.15	Cases	Dr Oseme Etomi, Prof. David D'Cruz and team	Nightmare on Tooley Street
17.15-17.45	Ten Topics Lecture	Prof Simona Rednic	The Art of Medicine

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Friday 3rd July 2026

Time	Session Type	Speaker	Title
08.30 - 09.00	Registration and Coffee		
09.00-10.45	Symposium: Spondyloarthropathies Chair: Dr Arvind Kaul		
09.00-09.20	Visiting Professor	Prof William Tillett	PsA, BMI and GLP-1 Agonists
09.20-09.25	Discussion		
09.25-09.45	Hot Topic	Dr Sofia Ramiro	Update on Axial SpA
09.45-09.50	Discussion		
09.50-10.10	Hot Topic	Prof Helena Marzo-Ortega	PsA: Who does Badly?
10.10-10.15	Discussion		
10.15-10.35	Update	Dr Arvind Kaul	What Lessons have I Learnt in Managing PsA?
10.35-10.45	Discussion		
10.45 - 11.15	Tea and Coffee Break		
11.15-12.00	Updates Chair: Prof Chris Edwards		
11.15-11.35	Clinical update	Dr Alice Mason	Running a CTD Network
11.35-11.55	Hot Topic	Dr Chris Holroyd	Update: Safety Guidelines for DMARDs
11.55-12.15	Personal view	Prof Patrick Kiely	HFE Arthropathy: It's not just Iron!
12.15-12.30	Discussion		
12.30-13.30	What's new in APS Chair: Prof Munther Khamashta		
12:30-12:50	Clinical update	Prof Maria Tektonidou	APS Disease Activity Score
12:50-1:00	Discussion		
1:00-1:20	Personal view	Prof Hannah Cohen	Management of APS-associated Stroke
1.20-1.30	Discussion		
1.30-1.35	Close		
1.35	Buffet Lunch		

This meeting has been supported in part by financial sponsorship from a number of pharmaceutical companies. Our 2026 valued sponsors are listed in the programme. They have had no input into the agenda or content of this meeting.